

Also on Campus

Jewish Family Service

JFS is a nonprofit organization that provides mental health services for children and adults. Counseling is offered to clients of all ages with a wide range of problems including parent/child conflicts, depression, anxiety and ADHD.

As a United Way agency, JFS services all individuals and families regardless of religion, race, economic status, background, gender or sexual preference.

Phone 210.533.1112 or 210.302.6920

Ropes Challenge Course

The Bexar County Ropes Challenge Program provides a series of initiatives and physical elements, led by trained professionals, that promote personal growth, enhance life skills and improve group cohesion and interaction.

The course is used by the Bexar County Juvenile Probation Department, Por Vida Academy as well as other interested groups and organizations.

For more information phone 210.335.7646

Mission Statement

Since our founding in 1926 and our re-founding in 1989, by the Sisters of the Incarnate Word and Blessed Sacrament, our mission continues with compassion, respect and acceptance to educate and encourage children, youth and families.

Our programs provide a safety net for those who reach out to us daily. Our purpose is to guide them to a life of success, self-efficiency and an attitude of giving back.

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Por Vida Academy Charter High School
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Blessed Sacrament Academy



Providing education, encouragement and support for children, youth and families seeking a better future

#Learning #Pre-K
#Families
#Charterschool #Mentoring
#Teens #Encouragement
#Children #Faith
#Education #Counseling
#Childcare #Southside
#highschool #Parenting
#Transformation #Respect



Child Development Center



Affordable, learning-based, childcare environment for children six weeks to five years.

- Certification: Texas Rising Star Provider Program
- Creative Curriculum: prepare your children for success in school and in life with age appropriate experiences
- Activities include: Motor skills, STEM oriented lessons, art activities, reading readiness, faith enrichment
- Staffed with childcare professionals
- Foster Grandparents Program volunteers
- Year-round enrollment
- Early Head Start Program

"We feel extremely blessed our sons have received such wonderful care and education while attending CDC."

Current Parents



Parents' Academy



Parents' Academy exists to empower parents with positive parenting skills that reduce family stress and build family success.

Through innovative and engaging workshops that meet the needs of diverse parents, families are strengthened.

Current programs include "Positive Discipline Toolbox", a 9 week course designed to build insights and understanding in the important task of building quality relationships and guiding children.

"Baby Bundle" and "Toddler Time" workshops take a deep dive into the magical journey of the first years of life.

All family workshops include childcare and a hot meal at each evening session. While parents are connecting with other adults for encouragement, support and education, children enjoy an enriching play experience with our professional child care staff.

Parents report less stress and more success as they implement the values and techniques they learn in the supportive environment of Parents' Academy. Monthly support groups for graduates provide follow up services and continued connection.



Por Vida Academy Charter High School

Por Vida Academy is an alternative to public school—created to meet varying social and educational needs.

Teamwork, adaptive academics, parental involvement, mentoring, encouragement, support, and compassion are some of the means to an end—giving each student a personal chance to become a high school graduate.

Por Vida offers three types of diplomas for students seeking an alternative to public schools.

- Traditional diploma
- Credit recovery (with no age limit)
- GED classes (Por Vida is also an official GED Testing Center)

"The teachers at Por Vida don't see a student's past behavior or problems, but approach each individual as a first time student with a chance to succeed."

Candelario Alvarez '96 PVA graduate